



CADA

SUPPORTING SURVIVORS &
VIOLENCE FREE COMMUNITIES

CADA Board of Directors

Gwenn Wolters, *Chair*

South Central Service Cooperative, Career & Technical Education Coordinator
gwolters@mncsc.org

3rd Board Term: term ends October 2026

Nancy Achterhoff, *Vice Chair*

Marriage and Family Therapist
nancy.achterhoff@gmail.com

2nd Board Term: through October 2026

Kerry Diekmann, *Treasurer*

Minnesota State University, Mankato, Associate Professor
kerrydiekmann@gmail.com

2nd Board Term: through October 2026

Sophie Hoiseth, *Secretary*

YWCA Mankato, Marketing and Development Coordinator
sophie.hoiseth@gmail.com

1st Board Term: through October 2025

Lynn Waterbury

South Central College, Career Navigator Assistant
lynn.waterbury@southcentral.edu

2nd Board Term: through October 2026

Kristin Ashland,

Meyer & Norland Financial Group, Wealth Advisor
kristin.ashland@lpl.com

1st Board Term: through October 2026

Kerstyn Moore,

Abdo, Administrative Assistant
kerstyn@moorefam.org

1st Board Term: through October 2026

Cara Doyen,

Nicollet County Community Corrections, Enhanced Adult/Supervised Release Agent
cara.doyen@co.nicollet.mn.us

1st Board Term: through October 2026

Megan Ploog,

Mayo Clinic Health System, Nursing Administrative Specialist
ploog.megan@mayo.edu

1st Board Term: through October 2026