

**Meals on Wheels People
Board of Directors 2022-2023**

KATE ARMSTRONG

Vista
12 Monticello Dr
Lake Oswego, OR 97035
Cell: 503.333.6731
Email: katarm@gmail.com
*Co-Chair: Fund Development & Marketing
Committee*

JANET BEAN

Portland Kettle Works
2401 NW 22nd Ave
Portland OR 97210
Tel: 503.590.2326 (h)
Cell: 503.320.0050
Email: bean.janet@gmail.com

BETH BIGGS

Consonus Pharmacy
4560 SE International Way #101
Portland, OR 97222
Work: 971.206.5100
Email: bbiggs@consonushealth.com

TERI BOWLES-ATHERTON

Providence St. Joseph Health
4400 NE Halsey St., Bldg 2, 4th Floor
Portland, OR 97213
Work: 503.893.6617
Cell: 503.975.4539
Email: teri.bowles@providence.org
Finance Committee Member

CARRIE BUTH

Health Net
13221 SW 66th Pkwy
Tigard, OR 97223
Cell: 503-201-3564
Work: 971-297-0037
Email: carrie.buth@trilliumchp.com
EDI Committee Member

NINA BYRD

Nina B. / EXP Consulting
3750 SW River Pkwy 221
Portland OR 97239
Cell: 541.854.0145
Email: Nina@livetheexp.com
*Fund Development & Marketing Committee
Member*

SCOTT CHRISTIANSON, PRESIDENT*

Ferguson Wellman Capital Mgt
888 SW Fifth Ave Ste 1200
Portland, OR 97204
Tel: 503.226.1444 (w)
Cell: 503.898.0155
Email: christianson@fergwell.com
*Chair: Executive Committee; Finance
Committee Member*

NENGI DIRIYAI *

O'Neill Construction Group
4444 SE 27th Ave
Portland, OR 97202
Cell: 512.293.2361
Email: nengimote.d@gmail.com
*Chair: EDI Committee; Nominating Sub-
Committee Member*

KATHLEEN DRAGO

OHSU
3181 SW Sam Jackson Park Rd L475
Portland OR 97239
Work: 503.949.7967
Cell: 916.300.3339
Email: drago@ohsu.edu
Email: kdrago710@gmail.com
Strategic Planning Committee Member

DAVID DRINKWARD

Hoffman Construction
805 SW Broadway, Suite 2100
Portland, OR 97205
Tel: 503.221.8915(w) (503.643.1324(h))
Cell: 503.351.6076
Email: david-drinkward@hoffmancorp.com
Fund Development & Marketing Committee Member

KRISTEN ERBES

Cambia Health Solutions
100 SW Market St, M/S E 12 P
Portland OR 97201
Tel: (w) 503.525.6533
Cell: 503.516.2921
Email: kristen.erbess@cambiahealth.com
Chair: Strategic Planning Committee

STEVE FOLTZ

Cinnabon Jamba Juice
7800 SW Durham Rd, Ste 900
Tigard OR 97224-7596
Cell: 503.639.2747
Email: steve.foltz@outlook.com
Fund Development & Marketing Committee Member

JULIE E. FRANTZ

2379 NW Quimby St.
Portland, OR 97210
Cell: 503.701.0582
Email: murfrantz@gmail.com
Fund Development & Marketing Committee Member

ARNIE GARDNER, TREASURER*

3265 NW Bauer Woods Drive
Portland OR 97229
Tel: 503.806.3751(h)
Email: arniehgardner@gmail.com
Chair: Finance Committee; Strategic Planning Committee Member

SARAH JOANNIDES, PAST PRESIDENT *

Cell: 503.314.6882
Email: sarahj3@comcast.net
Strategic Planning Committee Member

TIM KALBERG, SECRETARY*

Perkins & Co
1211 SW 5th Ave, Suite 1000
Portland, OR 97204
503.221.7511(w) 503.245.6802(h)
Cell: 503.997.7511
Fax: 503.294.4378
Email: tkalberg@perkinsaccounting.com
Chair: Finance Committee

CLAUDIA KNOTEK

Cell: 503.901.9869
Email: claudiak1020@gmail.com
Fund Development & Marketing Committee Member

MARCUS LAMPROS

2357 NW Irving St
Portland, OR 97210
Tel: 971.221.3697 (h)
Email: mlampros@alliance-steel.com
Fund Development & Marketing Committee Member

AMY MALAGAMBA

The Standard
1100 SW Sixth Avenue
Portland OR 97204
Work: 971.321.2087
Cell: 503.347.4666
Email: amy.malagamba@standard.com
*Chair: Stride for Seniors Sub-Committee
Fund Development & Marketing Committee*

TAWNIE NELSON

First Interstate Bank
888 SW 5th Ave, #1000
Portland OR 97204
Cell: 503.702.1009
Email: Tawnie.Nelson@fib.com
Strategic Planning Committee Member

ASHLEY OSTEN, 1ST VICE PRESIDENT*

Moss Adams
Fox Tower
805 SW Broadway, Suite 1200
Portland, OR 97205
Tel: 503.478.2251(w)
Cell: 208.301.1687(h)
Email: ashley.osten@mossadams.com
Finance Committee Member

DARA SMITH

Regence BlueCross BlueShield
100 SW Market Street
Portland, OR 97201
Work: 503.276.1831
Cell: 412.956.7457
Email: dara.smith@regence.com
Finance Committee Member

ERNIE STALEY

3804 NE Davis St
Portland, OR 97232
Tel: 503.234.3597 (h)
Cell: 503.333.3519
Email: e3staley@gmail.com
Green Projects

LINDA THOMAS

Adventist Health - Portland
10123 SE Market St
Portland OR 97216
Cell: 971-322-9154
Email: thomaslinda08@yahoo.com
*Chair: Centers Council; Strategic Planning
Committee Member; Fund Development
Committee Member*

ARLENE VILLANUEVA UNVERZAGT

The Maribal Group - Consultant
3644 SW 48th Pl
Portland, OR 97221
Cell/Work: 415.531.4155
Email: arlene.unverzagt@gmail.com
*Fund Development & Marketing Committee
Member; EDI Committee Member*

DAVID VAN SPEYBROECK, 2ND VICE PRESIDENT*

24 Grouse Terrace
Lake Oswego, OR 97035
Tel: 503.675.8090 (h)
Cell: 971.409.3291
Email: vanspeybroeckd@gmail.com
*Finance Committee Member, Strategic
Planning Committee Member*

STEVE WATTS

Summit Bank
1155 SW Morrison, Suite 306
Portland, OR 97205
Tel: 503.618.8122 (h)
Cell: 503.310.3604
Email: swatts@sbko.bank
*Chair: Nominating Sub-Committee;
Strategic Planning Committee Member*

MARK YEE

U.S. Bank Private Wealth Management
111 SW Fifth Avenue, Suite 600
Portland, OR 97204
Tel: 503.464.4871 (w)
Cell: 503.888.8468
Email: mark.yee@usbank.com
Finance Committee Member

***Executive Committee**